

# Spring Virtual Colloquium

## “Cycling for Sustainable Cities”

*Presented by*

***Dr. Ralph Buehler***

*Professor & Chair  
-Urban Affairs & Planning,  
School of Public and International Affairs  
Virginia Tech's Research Center -Arlington, VA*



***Dr. John Pucher***

*Professor Emeritus  
-Urban Planning & Policy Development,  
Rutgers University's Edward J. Bloustein  
School of Planning and Public Policy*



Cycling is the most sustainable means of urban travel, practical for most short- and medium-distance trips—commuting to and from work and school, shopping, visiting friends—as well as for recreation and exercise. Cycling promotes physical, social, and mental health, helps reduce car use, enhances mobility and independence, and is economical for both public and personal budgets. This presentation explores how to make city cycling—the most sustainable means of travel—safe, practical, and convenient for all. Buehler and Pucher discuss the latest cycling trends and policies around the world and consider specific aspects of cycling. Taken together, the presentation demonstrates that successful promotion of cycling depends on a coordinated package of mutually supportive infrastructure, programs, and policies. Cycling should be made feasible for everyone and not limited to especially fit, daring, well-trained cyclists riding expensive bicycles.

**Thursday, May 20, 2021 4:00 – 5:00 pm**

**Zoom Link: <https://udenver.zoom.us/j/85913999955>**

