



UNIVERSITY of
DENVER

CLINICAL EXERCISE PHYSIOLOGY



National Jewish
Health®

Exercise and Performance
Breathing Center™

FINAL

Exercise and Breathing Conference: 5th International EILO/ILO conference

MONDAY, June 5, 2023 • EILO program • Morning Sessions

Time	Session title	Speaker
8:00	Registration	
8:30	Welcome: Community Commons (CCOM) Room 1700	
8:45	EILO history and year in review- to infinity and beyond!	Mary Clark
9:00	EILO: From Mechanisms to Management	Jay Finigan
9:15	Discussion of lab techniques furthering assessment and treatment of EILO	Tod Olin
9:30	CLE rationale and basics	James Hull
9:45	Panel discussion 1: Challenges in starting a CLE lab	Adriana Shembel
10:00	Break / Posters (CCOM 1800)	Rita Patel
10:15	Breathing techniques review and EILOBI breathing	Lizzie Fan
10:30	Domains of Therapeutic EILO Intervention: Beyond Breathing Techniques	Moderator:
10:45	Panel discussion 2: EILO therapeutic perspectives	James Hull
11:00	EILO surgical considerations	Monica Shaffer
11:15	EILO patient experience	Emily Nauman
11:30	Panel discussion 3: CLE and EILO field needs around the world	Moderator:
11:45	GIILO: What is this and Why?	Emily Nauman
12:00	Lunch (Community Commons Food Court, 2nd Floor)	Emil Walsted
	Posters / Exhibits (CCOM 1800) / Focus Group Meetings	Lizzie Fan
	Panel 1: Challenges in starting a CLE lab (Moderator: James Hull)	Moderator:
	Andrej Petrov	Tod Olin
	John Robertson	Hege Clemm
	Thomas Halvorsen	Paul Leong
	Panel 2: EILO therapeutic perspectives (Moderator: Emily Nauman)	
	Lizzie Fan	
	Wendy Bell	
	Stefani Kalos	
	Panel 3: CLE and EILO field needs around the world (Moderator: Tod Olin)	
	Hege Clemm	
	James Hull	
	Emil Walsted	



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MONDAY, June 5, 2023 • EILO Program • Afternoon Workshops

IMPORTANT NOTE:

Each workshop will be repeated at 13:00-14:15, 14:30-15:45 and 16:00-17:15.

Participants will be notified the order in which they will attend workshops.

13:00	Workshop 1: Continuous laryngoscopy during Exercise: How to Perform and Interpret Results Room 2600 , Community Commons/CCOM	Lizzie Fan James Hull Emil Walsted Hege Clemm
14:15	Break / Posters (CCOM Room 1800)	
14:30	Workshop 2: EILOBI breathing: How to teach, troubleshoot, and customize Room 1600 , Community Commons	Emily Nauman, Monica Shaffer Amy O'Connell Aspen Christen Conner Vergoz Ali Bakke
15:45	Break / Posters (CCOM Room 1800)	
16:00	Workshop 3: EILO therapies and confounders Room 1700 , Community Commons	Claudio Milstein Andrei Petrov Matt Clary
17:30	Reception/Happy Hour until 19:30 Sie Center International Relations Complex Maglione Hall, Room 5025	