



UNIVERSITY of  
DENVER

CLINICAL EXERCISE PHYSIOLOGY



National Jewish  
Health®

Exercise and Performance  
Breathing Center™

FINAL

## Exercise and Breathing Conference: 5th International EILO/ILO conference

TUESDAY, June 6, 2023 • OPTION A • ILO Track

Time	Session Title	Speaker(s)
8:00	<b>Welcome / Intro: Community Commons (CCOM), Room 1700</b>	Tod Olin
8:15	Mental Training Intervention for Athletes with EILO	Erika Westhoff
8:30	EILO clinical trials infrastructure	Hege Clemm
8:45	Irritant ILO- To Scope or Not to Scope	Andrej Petrov
9:00	How do we measure the larynx?	Rita Patel & Adriana Shembel
9:15	<b>Break / Posters (CCOM 1800)</b>	
9:30	ILO and severe asthma overlap	Paul Leong
9:45	MTDyspnea: Another phenotype of ILO	Juliana Litts
10:00	ILO: the surgeon's perspective	Dan Fink
10:15	ILO: A patient experience	Rita Patel
10:30	<b>Panel Discussion 4: Perspectives on the SLP Treatment for ILO</b>	<b>Moderator: Monica Shaffer</b>
10:45	<b>Break / Posters (CCOM 1800)</b>	
11:00	Breathing pattern disorder: What it is and how we measure it.	Claudio Milstein
11:15	Use of biofeedback to support breathing pattern training?	John Dickinson
11:30	Breathing pattern disorder: A patient experience	Emily Nauman
11:45	<b>Panel discussion 5: Breathing pattern disorder - diagnostics and therapeutics</b>	<b>Moderator: Emily Nauman</b>
12:00	<b>Lunch: Community Commons Food Court, 2<sup>nd</sup> Floor Posters / Exhibits (CCOM 1800) / Focus Group Meetings</b>	

**Panel 4:** Perspectives on the SLP Treatment for ILO  
(Moderator: Monica Shaffer)

Debbie Phyland  
Juliana Litts  
Kaila Harris

**Panel 5:** Breathing pattern disorder - diagnostics and therapeutics  
(Moderator: Emily Nauman)

Petrine Solli  
John Dickinson  
Claudio Milstein



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**TUESDAY, June 6, 2023 • OPTION A • ILO track  
Afternoon Workshops**

**IMPORTANT NOTE:**

**Each workshop will be repeated at 13:00-14:15 and 14:30-15:45  
Participants will be notified the order in which they will  
attend workshops.**

<b>13:00</b>	<b>Workshop 1: ILO assessment &amp; therapy workshop CCOM 2600</b>	Juliana Litts Monica Shaffer Emily Nauman
<b>14:15</b>	<b>Break / Posters (CCOM 1800)</b>	
<b>14:30</b>	<b>Workshop 2: Breathing pattern disorder assessment &amp; therapy (CCOM 1600)</b>	Claudio Milstein John Dickinson
<b>15:45</b>	<b>Break / Posters (CCOM 1800)</b>	
<b>16:00</b>	<b>Combined ILO and Exercise group wrap up CCOM 1700</b>	Tod Olin